

Facility Accessibility 2019

At Newpark Sports Centre we pride ourselves in being accessible for all users. We are dedicated to making every experience at the centre a stress free and positive one.

From the car park right through our centre we are on one level. Our front door is automatic allowing for ease of access. Throughout the sports centre our facilities signage have Braille on them. Careful consideration is also taken in font size and layout of information posters throughout the building.

Our 25 metre swimming pool has a pool hoist available at the shallow end and we also have easy access steps available in the shallow aid to allow pool access for users of all abilities. A number of the barriers around the pool have been changed to clear toughened glass to allow all our users to view the pool.

Our fitness centre offers treadmills, bikes and cross trainers with Braille buttons or added raised markings to allow easy usage for anyone who may have a visual impairment. All of our weights machines have brightly coloured contrasting buttons for adjustment. We have a good free weights section and a very user friendly cable machine. We have recently added a ski erg machine which is a good cardio workout for all. There is also ergometers available. We also encourage ongoing training for our staff to enable them to provide inclusive classes and suitable fitness programmes. A number of our staff have attended the Cara Disability Awareness Training, Disability Inclusion Training and Autism in Sport courses. We promote and encourage inclusiveness for all our fitness classes and courses and this year hope to expand our programme to include inclusive teen Aquafit classes.

Our changing facilities for male and female both have large cubicles and reserved lockers for users with disabilities. In addition we have a disability changing room, which has a ceiling hoist and adjustable changing plinth for changing and showering as needed.

Newpark carries out regular in house and external audits to ensure we are pushing ourselves to provide the best facilities and services for our users. We also encourage and actively seek feedback from our users on our strengths and areas of improvements. We have two dedicated disability inclusion officers who offer training and support to all staff.



