**Guidelines for All Customers on COVID-19 Risk Reduction**

**Swimming Pool**

* Current Guidelines indicate that the chlorine levels in the pool are sufficient to inactivate COVID-19 in the swimming pool.
* Children should not be allowed to spit in the pool and should be asked to get tissues for runny noses
* Woggles and boards are in direct contact with the pool so there are no issues in relation to their use.
* Pool toys used for Little Swimmers and Toddlers, and armbands should also be cleaned in Milton on a weekly basis

**Gymnastics**

* All gymnasts should be asked to wash their hands / use hand sanitiser prior to and at the end of class.
* Equipment will be spray / wiped down regularly with antibacterial, to keep surfaces clean
* If children are unwell please do not bring them to class

**Fitness Centre**

* Fitness centre users are asked to wash their hand / use anti-bacterial hand gel before you enter the gym.
* Ensure you have a towel with you.
* Please remember you need to spray and wipe down equipment, including exercise mats after use.
* The fitness centre equipment will be sprayed with antibacterial / steamed every evening.

**Fitness Classes**

* All customers are asked to wash hands / use hand sanitiser before and after classes
* Equipment will be sprayed with antibacterial cleaner after the class

**Birthday Parties**

* We ask that all children use hand sanitiser / wash hands at the start and end of the party
* If children are unwell please do not bring them to the party

**Activity Camps**

* Children are asked to wash their hands / use hand sanitiser at the start and end of the day as well as after the toilet and before eating.
* If children cough or sneeze good respiratory etiquette should be promoted.
* Children who appear unwell during the day will be brought to reception and their parents contacted for collection

**Lost property**

* Bottles will no longer be kept in lost property and they may present a risk to staff, please dispose of any bottles found.

**Thank you for your help with these important measures, The Management**